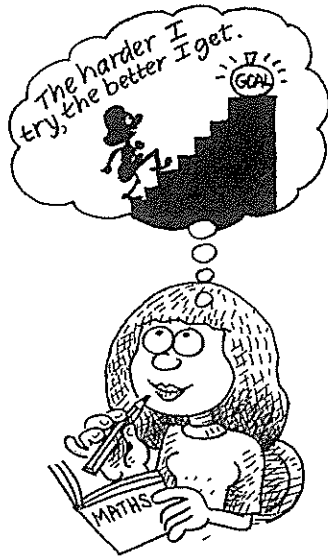


Persistence



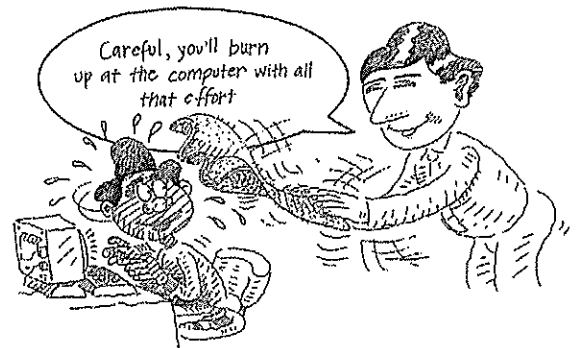
Persistent Behaviour

- Continuing to try, even when schoolwork is hard
- Not being distracted by others
- Checking schoolwork when finished to make sure it is correct
- Trying and completing work found to be "boring"
- Listening to teacher's instructions
- Finishing work instead of playing
- Not giving up too quickly
- Doing what you say you are going to do
- Returning phone calls
- Putting things away

Persistence

Things to Say to Encourage Persistent Behaviour

- "You didn't give up!"
- "You kept trying. Great effort."
- "Making that extra effort will help you learn."
- "You sure don't give up easily."
- "Your effort is so important. It will help you succeed."
- "See, persistence pays off."
- "I see you understand that to be successful, you sometimes have to do things you don't feel like doing."
- "The more you practice, the better you become."



Teach the Following Types of Thinking

- **I Can Do It:** When trying difficult activities, it is helpful to think you are more likely to be successful than to fail.
- **Giving Effort:** The harder you try, the more successful you will be.
- **Working Tough:** To be successful in the future, you sometimes have to do things that are boring or not fun in the present.