



Sign your team up today for the MICC & Isa Rats ALL SCHOOL TRI Feb 8, 2020 isarats.com.au/events

DC ambassador Brandi Alberts is the latest up and coming indigenous triathlete

Do you want to be a part of a TRIATHLON??

Age Group and Distances:

5-7 years 25m/1km/250m

8-9 years 50m/2km/500m

10-12 years 100m/3km/1km

13-14 years 150m/4km/2km

swim/ride/run

To be involved in the Deadly Choices teams for this event please contact Yalul from Deadly Choices on 0436 924 494 before the 4th of February.

Participants will go into the draw to win a new bike donated by the Deadly Choices Team!!



