

## Mount Isa 10 -12 years District Athletics Carnival Program

### Wednesday 25<sup>th</sup> of July

**3:30pm – 4:30pm**

10, 11, 12yrs,        1500m

### Thursday 26<sup>th</sup> of July

**8:30am-8:45am**

Welcome and House Keeping

**8:45am-9:40am**

10, 11, 12,            800m

**9:40am-10:20am**

10yrs            100m

11yrs            Long Jump

12yrs            200m

**10:20am-10:55am**

10yrs            200m

11yrs            High Jump

12yrs            Shotput

**10:55am-11.15am**

Break

**11:15am – 11:50am**

10yrs            High Jump

11yrs            Shotput

12yrs            100m

**11:50am – 12:25pm**

10yrs            Shotput

11yrs            100m

12yrs            Long Jump

**12:25pm – 1:00pm**

10yrs            Long Jump

11yrs            200m

12yrs            High Jump

**1:00pm – 1:30pm**

Catch Up time if needed, Time  
for recorders to finalise points and Mt  
Isa Team

1:30 – Announce team, hand out  
paperwork

**2:00pm - Discus**